



Sonya Lu Hale

September 6, 1945 - June 17, 2014

Sonya Lu Smith Hale was born on September 6, 1945 and passed away on June 17, 2014 peacefully at home with her children. She was born to Cal and Rachel Smith in Salt Lake City Utah. She was married to Fred Hale on August 16, 2002 who was the love of her life.

Sonya loved doing hair and enjoyed making many ladies in care centers feel beautiful. She loved her four children, twelve grandchildren and three great grandchildren. Family meant the world to her and making sure there were family get togethers and playing kickball with her grandchildren. She would run right there along with the family. She was so strong and always seemed to have time for everyone.

She is survived by her parents Cal and Rachel Smith. Her four children, Eric (Danelle) Lind, Lisa Higgins, Lara (Chris) Miller, Jana (Wayne) Gough.

Grandchildren EJ Lind and Tessa Lind, Daniele, Shaylyn, Curtis, and Saydi Higgins, Jordan, Jaxson, and Bella Miller, Jaren, Jansen, and Jayda Gough and three great grandchildren.

She was preceded in death by her husband Fred Hale.

Funeral services will be held on Saturday June 21, 2014 at 12345 S 2700 W. Riverton, Utah. A viewing before the services starting at 9:30am and funeral service to begin at 11:30am. Interment at Wasatch Lawn South Valley Cemetery. 13001 S 3600 W. Riverton, Ut.

The family would like to thank the hospice nurse Leslie McGarrity and hospice team of Utah.

Cemetery Details

Wasatch Lawn South Valley

13001 S 3600 W
Riverton, UT 84065

Previous Events

Viewing

JUN 21. 9:30 AM - 11:00 AM (MT)

Riverton LDS Church
12345 S 2700 W
Riverton, UT

Funeral Service

JUN 21. 11:30 AM - 12:30 PM (MT)

Riverton LDS Church
12345 S 2700 W
Riverton, UT

Tribute Wall



“ *Sonya Lu Hale*

October 05, 2023 at 07:49 PM



“ *Sonja was my hairdresser for a number of years. We connected so well because of many similiar trials we had experienced! I remember distinctly finding out she had been though lung difficulties and surgeries that I had recently encountered. I cried as she told me of her ordeal. Wow, one tough lady she was! We related on so many levels. My hair appointments were therapeutic to my soul! She is a special lady who demonstrated "faith in every footstep." I am sorry I couldn't attend her service. She will me greatly missed, but what a marvelous reunion it will be for all who love her.*



Diane Taylor - July 06, 2014 at 01:19 AM



“ *Sonya was one I could share tender thoughts and feelings with easily and she afforded me many opportunities to share. How grateful I am that I was able to spend time with her on May 27th with two mutual friends.*

I did not know her family personally, but I know she will be truly missed by many, many people as she had the gift of loving and giving to others.

Trell Beaty - June 22, 2014 at 05:45 PM

DK

“ I only had the honor to meet Sonja once. She is a beautiful women full of love and grace. To see her family rally together is a testament of what a loving, caring. Daughter, Mother, Grandma, and Great Grandma she has been.

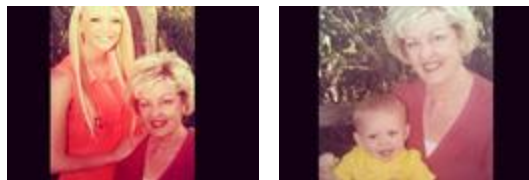
I am so sorry for your families loss. I'm certain she will be missed by many.

Try to be strong, love one another. Bless you all.

Debbie Kemp - June 21, 2014 at 10:46 AM

 Lisa
Lind
Higgins

“ 2 files added to the album New Album Name



Lisa Lind Higgins - June 21, 2014 at 05:11 AM

 Lisa
Lind
Higgins

“ 3 files added to the album New Album Name

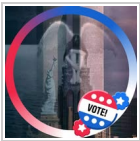


Lisa Lind Higgins - June 21, 2014 at 05:08 AM

SH

“ My grandma was one of the most caring, string woman in the world. She worked so hard and made care center clients feel good by making them beautiful. She was my hair stylist and really the only one I can trust with my hair. I love my grandma so much and all of this feels like a nightmare. I wish she didn't have to go but she's no longer in pain and is now with her husband. I loved having grandma days with her, visiting her, going to work with her and much more. All of us grandchildren had the times of our lives with her and when she left a part if us went with her. She was so caring and selfless, anyone she met was her friend. I love her so much and will miss her terribly but I will see her sometime. She is the best grandmother that anyone could ever ask for. I love you grandma. RIP

saydi higgins - June 20, 2014 at 08:51 PM



“ Dearest Sonya, I didn't know you personally but I heard many stories about you and you are an amazing women and you will be missed by many I thank you with all my heart for raising and loving my sister Lisa I wish I could have had the time to have known you and don't worry I will take care of your daughter and grand babies thank you for being so wonderful.....Anna

Anna Jeppesen - June 20, 2014 at 08:32 PM



She may not have known you very well but she loved you because you are a part of me. I know that she will also watch over you and those babies of yours because that is how she was. Love you

Lisa Lind Higgins - June 20, 2014 at 09:22 PM

CS

“ My aunt Sonya was a beautiful person. I remember staying with the family and rooming with Lisa. Sonya made me feel like I had value and worth when I didn't believe in myself. She had a way of reaching out and admiring your best attributes and reminding you that you are special in your own way. I always looked up to her as a role model of a loving mother and wife.

There was a time when I was stuck in Salt Lake City and needed help. I called her and she dropped everything she was doing and came and got me. I was able to stay with her family until my family could come get me. Thank you Aunt Sonya for helping me when I Really neede help and for loving me. You will be forever missed.
Cherise Lind-Stauffer

Cherise Stauffer - June 20, 2014 at 06:23 PM

 Lisa
Lind
Higgins

Oh Cherise mom loved you so much and she always knew you were special like you said even when you didn't think you were. She was the true meaning of unconditional love and don't you ever forget that. You always had worth to her and we love you very much. Thank you for such a beautiful tribute.

Lisa Lind Higgins - June 20, 2014 at 07:26 PM

VH

“ Sonya and I grew up together as cousins. We have remained close through these many years. She has wonderful qualities too numerous to mention and has been a great example to me. I love her dearly and will miss her until we see each other again. My sincere condolences to each of her family members. Vicki Hill

Vicki Hill - June 20, 2014 at 04:08 PM

DE

“ Sonya I will miss you! You have been a great example to me of courage, patience, love, peace, and much more. I will miss you being my friend and visiting with you.

With Love,
Debrah Radack

Debrah - June 20, 2014 at 01:45 PM

JG

“ My grandma always, always came to my band concerts. She gave me twenty dollars every birthday I had... I'm gonna miss that little extra money she always gave me. I love you grandma, and I'll See you soon

Jansen Gough

Jansen Gough - June 20, 2014 at 01:34 PM



“ Sonya was a wonderful cousin and example to me. Diane and I stayed with her, when we were young, and she treated us with such kindness and patience. I will always remember her dignity, spirit, and beauty.

Love, Holly Ashby

Holly Ashby - June 20, 2014 at 01:09 PM



“ Love's Journey was purchased for the family of Sonya Lu Hale.



June 20, 2014 at 10:34 AM

AM

“ *Laura,
I remember meeting your mom many years ago at a MK function.
She was so sweet to me. I am so sorry for the loss of your beautiful
mom. May you find peace and comfort in our Heavenly Fathers
plan.
Love you,
Amy Martinez*

Amy Martinez - June 20, 2014 at 10:22 AM



“ *Sonya was a beautiful friend and one of the first people I met when
we moved to So.Jordan in 1985. I was her advisor in YW as we
taught the Mia Maids with my oldest daughter being in our class.
We had a fabulous time full of great activities and adventure. She
was a dream to work beside and it will always be a true highlight of
my life. Her calming nature, listening ear and wonderful wisdom
were qualities that I remember most when I think of the loving spirit
of Sonya.
With Love, Bonnie Fisher*

Bonnie Jo Fisher - June 19, 2014 at 10:14 PM

SG

“ *I will cherish our memories, thank you for a truly inspirational
friendship, I will miss you dearly! <3 <3 <3
Sharon Gibson*

Sharon Gibson - June 19, 2014 at 07:38 PM

DL

Love you Shareshon. ...

danelle lind - June 20, 2014 at 09:10 AM

DL

“ I want to express how blessed i feel to be able to say i was in Sonyas life..
Words cant describe how incredible she was..
Sonya was an amazing mother to Eric,Lisa,Lara and Jana... And a great example to all that knew her... Sonyas life was her children and grandchildren and embracing each one their individual personalities . Sonya was never negative or unkind to a single soul....She radiated Gods glory in all she did....I hope to some day be even a fraction of the woman Sonya was..
To Eric, Lisa, Lara and Jana.... You are all absolutely incredible people and I love you all to the moon....Thankyou for sharing your mom with me for the past 25 years. God Bless

danelle lind - June 19, 2014 at 04:51 PM

LD

“ Love The Dehlins purchased the Sympathy Mess ages - Kind Notes for the family of Sonya Lu Hale.



Love The Dehlins - June 19, 2014 at 04:47 PM

 Lisa
Lind
Higgins

“ I will strive every day to be more like my mom she had such a big heart and love for so many. I miss her every second of every day. Mom I want you to continue to watch over me and the kids because we still need you.

Lisa Lind Higgins - June 19, 2014 at 01:36 PM

Lisa
Lind
Higgins

“ *Lisa Lind Higgins lit a candle in memory of Sonya Lu Hale*



Lisa Lind Higgins - June 19, 2014 at 01:35 PM

CH

“ *Sonya was such a cool gal. She did my mom's hair every week at Canyon Creek and made her feel good and look good. She cut my dad's hair too. I always enjoyed chatting with her. She will really be missed.*

Catherine Hollstein

Catherine Hollstein - June 19, 2014 at 10:00 AM

DL

Sonya loved her ladies very much..

danelle lind - June 19, 2014 at 04:41 PM

KH

“ *Your mother was the epitome of grace and dignity, especially during trying times. She will be greatly missed.*

Karol Haney

Karol Haney - June 19, 2014 at 09:27 AM

EL

“ *My dearest mother I love u so much I strive to be like u it's being hard on me your the most caring woman in the world love and miss u*

Eric lind - June 18, 2014 at 09:19 PM